



EMILY STEEDMAN

SENIOR DIRECTOR OF STRATEGIC GROWTH

CONSONUS REHAB

When Emily Steedman was considering a career path, she chose occupational therapy for its holistic approach to helping people help themselves. While on a nursing home rotation required for her degree, she engaged with residents through horticulture therapy, and the connections she made hooked her on senior care. Right then, she resolved to spend her professional life working with older adults and those who serve them.

As senior director of strategic growth for Consonus Rehab, Emily oversees strategic initiatives for post-acute care therapy programs and AgeSTRONG, the company's new outpatient therapy and wellness offering for senior living communities. Incorporating innovative technology and customized programming that supports wellness and disease prevention for seniors, at every stage of their health care journey, is a primary focus. "I'm excited about continuing to elevate our level of service and outcomes to better meet the needs of the aging population in both home and senior care settings," she said.

Emily brings more than 20 years of direct therapy and leadership experience, and has helped build successful rehab departments across the country. Previous positions include Chief Clinical Officer for a boutique contract rehab company, and co-founder of a mobile swallowing diagnostic firm. She initially joined Consonus as an area director, supporting rehab teams and ensuring operational excellence at customer facilities throughout California.

Emily holds a Bachelor of Science degree in Occupational Therapy from Saint Louis University, and is a certified Resident Assessment Coordinator (RAC-CT). Over the course of her career, she's developed particular expertise in long-term care programming, spirituality and occupational therapy and advanced therapy technologies.

In her down time, Emily enjoys yoga, traveling, exploring farmer's markets or hiking with her dog on local trails. Her parents instilled an appreciation for the joy of giving, and since 2001, she has found her passion serving in the country of Haiti. She is a board member with the Haiti Rehabilitation Foundation, supporting the country's first accredited physical and occupational therapy school. Emily also brings her gift of service to Consonus Healthcare and Marquis companies by serving on the Vital Life Foundation Ambassador Board



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