



# TRACY FRITTS PT

## VICE PRESIDENT OF QUALITY AND OUTCOMES

CONSONUS HEALTHCARE — REHAB

Tracy Fritts fell in love with physical therapy while working as a rehab aide, and she feels privileged to still be part of the dynamic profession. With constantly growing research, better techniques, more high-tech tools and a commitment to evidence-based practice, she knows the opportunity to improve a client's quality of life has never been greater.

Tracy joined Consonus in 1995 as Rehab Director at Marquis Vermont Hills, and her success story has been defined by making the most of the company's career development opportunities. After serving in Area Director positions for Oregon and Washington, she oversaw 51 rehab programs in Oregon, Washington and Idaho as Regional Vice-President of Operations.

Now as Vice-President of Quality and Outcomes, Tracy is responsible for clinical programming and outcomes, strategies for regulatory and payment reform and corporate compliance. Additionally, she occupies a dual role as Vice-President of Leadership Development for both Marquis Companies and Consonus, with oversight of the Internship, Ascend and Administrator in Training programs, mentorship of current leaders and coordination of succession planning.

Tracy graduated from Oregon State and also earned a Master of Science in Physical Therapy from Pacific University. She is a Certified Expert in Exercise for Aging Adults (CEEAA), and over the last decade has attended, mentored and now facilitates the Leadership Institute for Leading Age of Washington. She serves on the advisory board for the Doctor of Physical Therapy program at George Fox University, as well as the National Association for Long Term Care (NASL). A frequent presenter at industry gatherings, she shares her expertise on topics including functional outcomes, Medicare regulations and effective leadership strategies.

A life-long Oregon resident, she lives with her husband and two sons only one exit past the Beaverton home in which she grew up. She loves to cook, attend Zumba classes and read—usually in the bow of the boat while the boys fish off the back. She is also passionate about volunteering and fundraising for the Leukemia and Lymphoma Society.



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