

LEVERAGE YOUR PHARMACY PROVIDER TO ENHANCE RESIDENT WELL-BEING

Managing resident well-being is critical during the COVID-19 pandemic. Social distancing restrictions on visitation have left many seniors feeling lonely or isolated. The pandemic is taking a toll on mental health, and increasing depression and anxiety. Loneliness and depression have a profound negative impact on both quality of life and physical health and can lead to serious health challenges, such as increased risk for dementia, heart disease, and stroke.

THREE WAYS YOUR CONSULTANT PHARMACIST CAN HELP



1- Offer a keen clinical eye: Pharmacists can closely review chart notes to look for subtle signs of depression, such as weight loss, increased anxiety, pain or insomnia. Observations can be brought to the attention of the nurse and physician, and help determine the appropriate screening tools.



2- Join facility behavioral or psychotropic review meetings: Pharmacists can join virtually to offer advice on interventions. Pharmacist recommendations always keep in mind that “psychological first-aid” strategies and non-drug interventions are often the best first-line treatments.



3- Be a catalyst: Pharmacists can take time burden off the PCP, and make recommendations to guide initiation of pharmacotherapy and when to assess the patient. Recommendations include changes if therapy is not effective, and goals for maintenance treatment.

As your partner, Consonus clinicians will collaborate with your team and be vigilant in looking for signs of depression in residents.

Contact us today to learn more about leveraging Consonus as your pharmacy partner: ConsonusHealth.com/contact-us/

