HOW TO PUT ON PERSONAL PROTECTIVE EQUIPMENT

BEFORE ENTERING A CLIENTÍS ENVIRONMENT:

1- Perform HAND HYGIENE



2- Put on a long sleeved GOWN

- Opening to the back
- Tie at the neck and waste
- Cover skin and clothing



3- Put on a MASK or N95 RESPIRATOR

- Secure loops or ties
- Shape metal piece to the bridge of your nose
- For N95 Respirators perform a seal check





4- Put on EYE PROTECTION



5- Put on GLOVES

• Pull gloves over gown cuffs







HOW TO TAKE OFF PERSONAL PROTECTIVE EQUIPMENT

BEFORE LEAVING A PRC ENVIRONMENT:

1- Remove GLOVES

- Grasp at the palm and remove pulling the glove inside-out
- Scoop under second glove & remove
- Place gloves in garbage



2- Remove GOWN

- Untie neck, then waist
- Scoop fingers under cuff; pull over hand
- Use gown covered hand to pull gown over other hand
- Pull gown off without touching the outside
- Roll gown inside out
- Place in laundry hamper or garbage as appropriate







3- Remove EYE PROTECTION

- Remove goggles or face shield from the back by lifting head band or ear pieces
- If your hands get contaminated during goggle or face shield removal, immediately wash your hands or use an alcohol-based hand sanitizer
- Discard eye protection in a waste container



4- Remove MASK

- Grasp bottom ties or elastics of the mask/respirator, then the ones at the top, and remove without touching the front
- If your hands get contaminated during mask/respirator removal, immediately wash your hands or use an alcohol-based hand sanitizer
- Discard mask in a waste container



5- Perform HAND HYGIENE





