Navigating COVID-19: Clinical Best Practices & Financial Future

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LIFE, WELL LIVED.

Today's Agenda

- 1. Update on occupancy trends
- 2. Breaking down the 3 tranches
- 3. Re-assessing best case, worst care, and best guess financial scenarios
- 4. Financial impact on ancillary companies and how they continue to provide value
- 5. Reopening Strategies
- 6. Testing Requirements
- 7. CMS Guidelines

The COVID-19 pandemic continues to evolve and material contained in this webinar is subject to change without notice.

Please stay tuned in to the latest guidance and requirements provided by the CDC and CMS.

Our Enterprise – What We Do

LTC & PAC Services



Est. 1989 19 SNFs (OR, CA, NV) 5 ALFs (OR) 1 MC RCF (OR)



Est. 1994 Home Health Care (OR)



Own 22 of our 25 facilities

Care & Risk Management



Est. 2017 ISNP 800 members



Est. 2017 NPs + Physicians 50 Facilities



Est. 2019 60 Oregon SNFs

LTC / PAC B2B Support Services



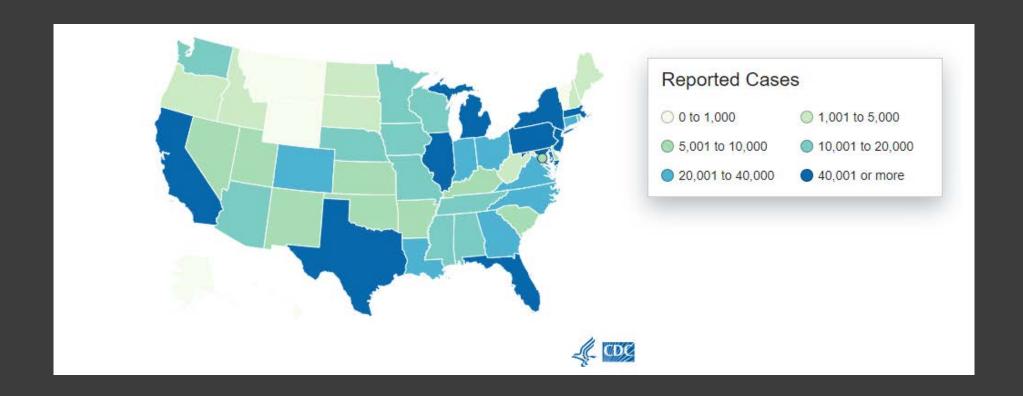
Est. 1995 (OR, WA, CA, NV, TX, NC, FL, WI, IA, IL) 110 SNF Contracts



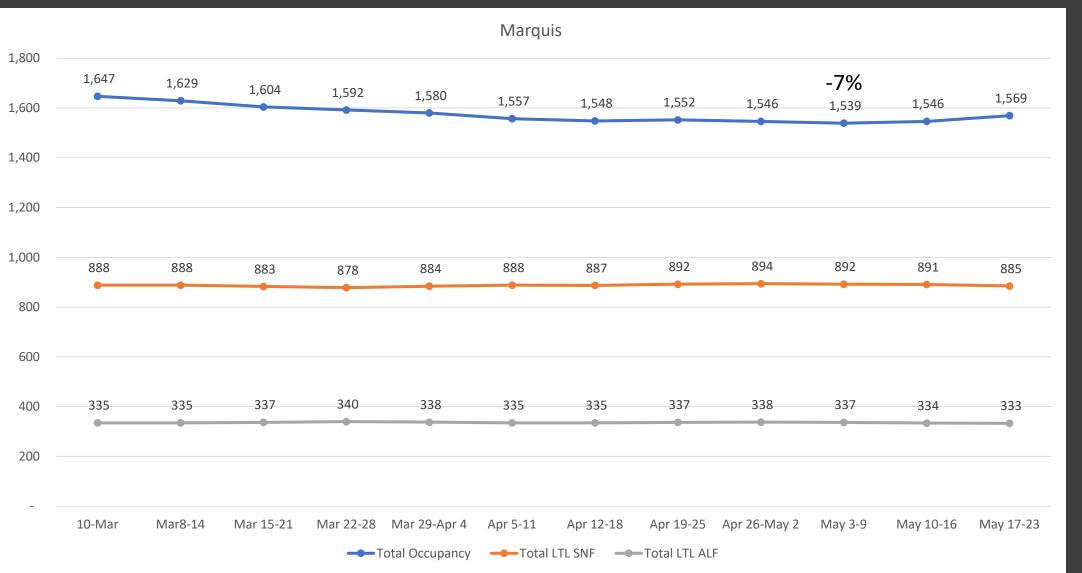
Est. 2004 (OR, WA, ID, CA, NV) 28,000 Beds/Units

Update on occupancy trends

Geographic Location Matters



Best Estimate: Facility Occupancy



-4.74%

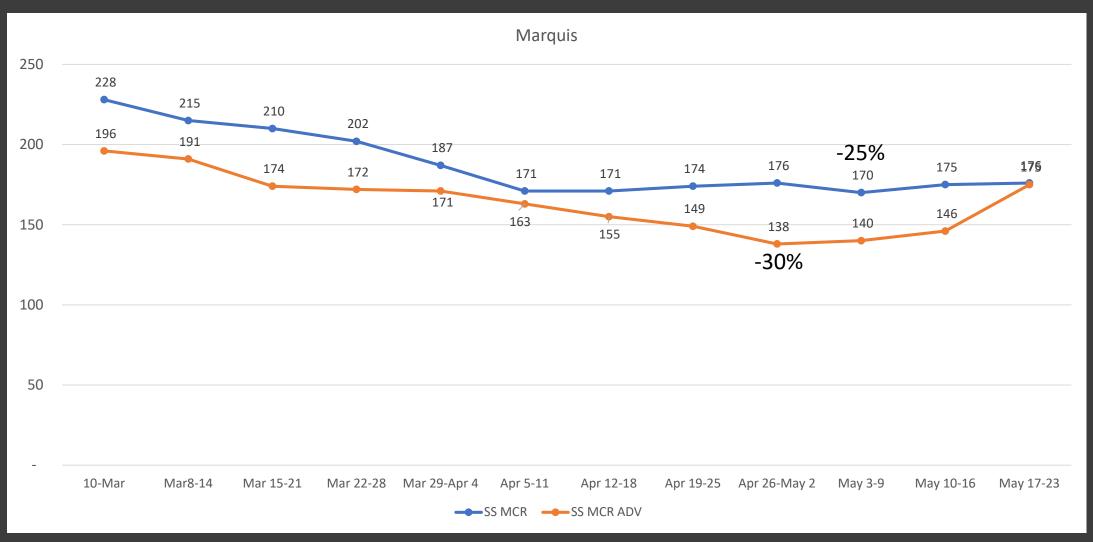
-0.34%

-0.60%

Elective surgeries re-opened



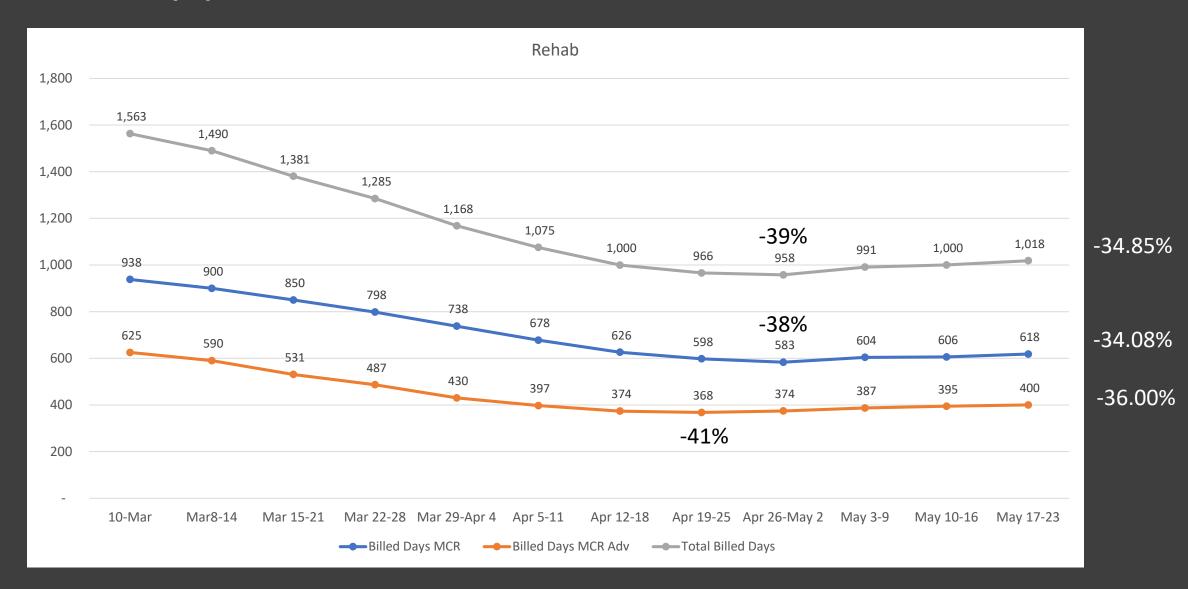
Best Estimate: Facility Short Stay Occupancy



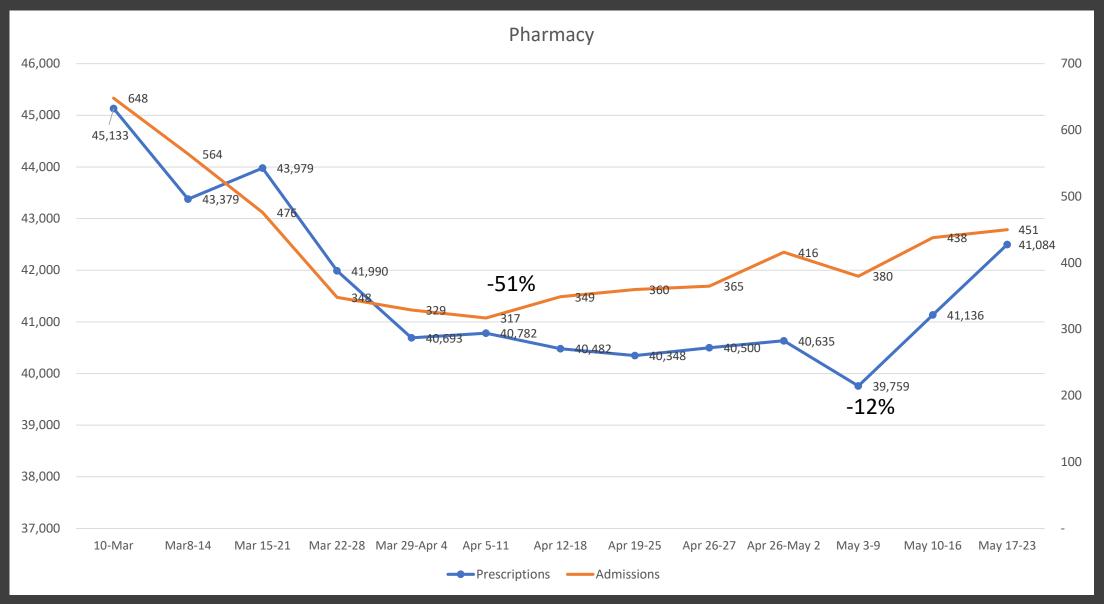
-22.81%

-10.71%

Therapy Utilization/Revenue Decline

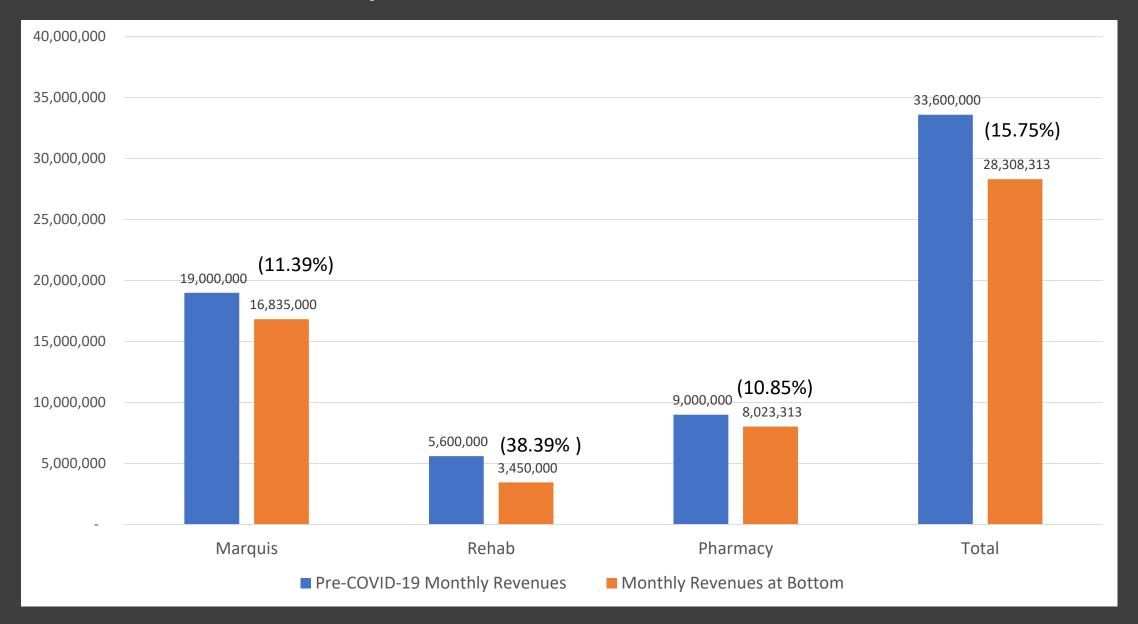


Pharmacy Utilization/Revenue Decline



-30.40% -8.97%

Revenue Trend/Decline at Bottom



Breaking down the 3 tranches

Tranche 1

6.2% of 2019 Medicare Revenue (\$1.5B to SNF industry)



Winners:
Heavy MCR
Occupancy



Losers:
Little to no
MCR
Occupancy

Medicare Advantage not included

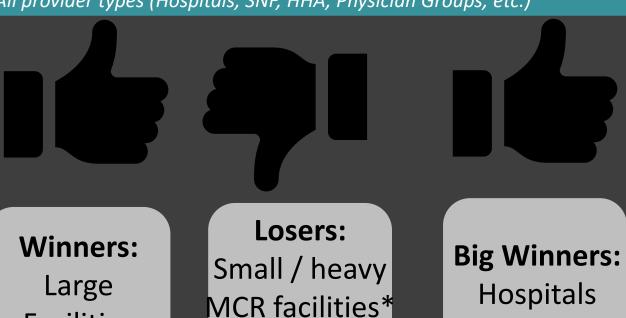
Tranche 2

2% of "2018 net patient revenue" for "all" provider types (\$2.5B to industry less \$1.5B paid in tranche 1)

Further explanation:

Facilities

- All payor types revenue (PRIV/MCR/MCR ADV/MCD)
- All provider types (Hospitals, SNF, HHA, Physician Groups, etc.)



*If tranche 1 greater than tranche 2 calculation, to date, no required repayment back to CMS

Example: Phase I vs Phase II Illustration

	SNF Facility A	SNF Facility B	Hospital A	Hospital B	Total
Payor Revenues	50 Resident SNF - 30 MCR A / 20 MCD	200 Resident SNF - 5 MCR A / 180 MCD / 15 PVT	250 Patient Hospital - 175 PVT/25 MCR/50 MCD	500 Patient Hospital - 325 PVT/75 MCR/100 MCD	Total
Private/Employer/Commercial Health Plan	-	1,916,250	111,781,250	207,593,750	321,291,250
Medicare	6,570,000	1,095,000	13,687,500	41,062,500	62,415,000
Medicaid	2,190,000	19,710,000	22,812,500	45,625,000	90,337,500
Total	8,760,000	22,721,250	148,281,250	294,281,250	474,043,750
1. Phase I Methodology:					
6.2% of Annual Medicare Revenues	407,340	67,890	848,625	2,545,875	3,869,730
% Distribution	10.53%	1.75%	21.93%	65.79%	100.00%
2. Phase II Methodology					
The bucket of money allocated based on Total Revenues					
Assume the total combined phases Bucket of Money is 1.667 of Phase I payout above. (same as actual ratio \$30B phase I to \$50B phase I and II combined)	6,450,840				
Facility Allocation	119,207	309,193	2,017,828	4,004,612	6,450,840
% Distribution	1.85%	4.79%	31.28%	62.08%	100.00%
Phase II payout (Phase II Methodology less Phase I payment)	(288,133)	241,303	1,169,203	1,458,737	2,581,110

Tranche 2

Extraordinary items:

- Change of Ownership (CHOW)
 - Funds sent to the wrong party
 - Not all twelve months included in pay out (multiple cost reports prepared)
- Multiple facilities in one Tax Identification Number
 - All facilities revenues/net patient revenues combined
 - The ability to retain tranche 1 dollars is greater than tranche 2 dollars becomes a combined facility test, thereby creating the potential for offsetting those that are greater and those that are less on a group basis
- SNF's in a campus setting with ALF/MC/etc.

Example: Single Tax ID # for Multiple Facility

		Individual Tax ID's		
	SNF Facility A	SNF Facility B	SNF Facility C	Facility A - C Combined under one Tax ID
Payor Revenues	60 Resident SNF - 20 MCR A / 40 MCD	230 Resident SNF - 5 MCR A / 210 MCD / 15 PVT	80 Resident SNF - 15 MCR A / 55 MCD / 10 PVT	
Private	-	1,916,250	1,277,500	3,193,750
Medicare	4,380,000	1,095,000	3,285,000	8,760,000
Medicaid	4,380,000	22,995,000	6,022,500	33,397,500
Total	8,760,000	26,006,250	10,585,000	45,351,250
1. Phase I Methodology:				
6.2% of Annual Medicare Revenues	271,560	67,890	203,670	543,120
% Distribution	50.00%	12.50%	37.50%	100.00%
2. Phase II Methodology				
The bucket of money allocated based on Total Revenues				
Assume the total combined phases Bucket of Money is 1.667 of Phase I payout above. (same as actual ratio \$308 phase I to \$508 phase I and II combined)	905,381			
Facility Allocation	174,882	519,182	211,316	905,381
% Distribution	19.32%	57.34%	23.34%	100.00%
	SNF Facility A not required to pay back excess phase I funds from phase II calculation.			SNF Facility A excess included in combined calculation thereby driving lower total amount received
Phase II payout (Phase II Methodology less Phase I payment)	-	451,292	7,646	362,261
Total Phase I and Phase II payout			\$ 1,002,059	\$ 905,381

Tranche 3

\$4.9B

- SNF industry specific bucket
 - Every SNF receives:
 - \$50,000
 - \$2,500 per licensed bed

Facility Bed Count	Stimulus \$\$
50 bed	\$175,000
100 bed	\$300,000
200 bed	\$550,000

Attestation/Terms and Conditions

- Loan or Grant?
- Process for proving losses related to COVID-19 up to grant amount

Re-assessing best case, worst case, and best guess scenarios

Considerations

- How long will the occupancy decline impact remain -vs- Federal/other State program revenue enhancement?
- What decisions can be made on adjusting your operating expenses
 - Pharmacy/ therapy cost savings
 - Labor savings
 - Other cost savings
- What direct cost level associated with fighting COVID-19? Wide range of what this means for providers.
 - COVID hot spot
 - Positive resident / staff or not
 - PPE
 - Labor
 - Wage add-ons
 - OT
 - Managing new guidelines
 - Testing Cost

Example

	Facility A	Facility B	Facility C	Facility D
Facility Size / Payor Mix / COVID 19 Positives	100 Residents / 30 MCR A / 60 MCD / 10 PVT - no positive test residents throughout pandemic	200 Residents / 10 MCR A / 180 MCD / 10 PVT - 5 positive test residents throughout pandemic	50 Residents / 40 MCR A / 5 MCD / 5 PVT - no positive test residents throughout pandemic	50 Residents / 40 MCR A / 5 MCD / 5 PVT - 30 positive test residents throughout pandemic
Occupancy Loss	25% reduction in MCR / 5% reduction in LTL	50% reduction in MCR / 10% loss in LTL	40% reduction in MCR / 5% reduction in LTL	75% reduction in MCR / 50% reduction in LTL
SS MCR Revenue Loss	(136,800)	(91,200)	(291,840)	(547,200)
LTL Revenue Loss	(31,920)	(173,280)	(4,560)	(45,600)
Total Revenue Loss	(168,720)	(264,480)	(296,400)	(592,800)
Phase I Federal Monies	407,340	135,780	543,120	543,120
Phase II Federal Monies	-	324,120	_	_
Phase III Federal Monies	300,000	550,000	175,000	175,000
Total Federal Monies	707,340	1,009,900	718,120	718,120
State Enhanced MCD Rate (Y/N)?	Y - 10% for 3 mos	N	N	Y - 10% for 6 mos
State Enhanced MCD Rate	123,120	-	-	13,680
Total Government Pandemic Financial Assistance	830,460	1,009,900	718,120	731,800
Number of Months Assistance covers revenue loss	4.92	3.82	2.42	1.23

Impact on ancillary companies and how they continue to provide value

Ancillary Companies



FINANCIALLY STRONG /
WELL CAPITALIZED



RESILIENT



CONSISTENT PRICING
STRATEGY



EFFECTIVE
HR/WORKFORCE
MANAGEMENT



CONNECTED TO FACILITY PROVIDER LEADER

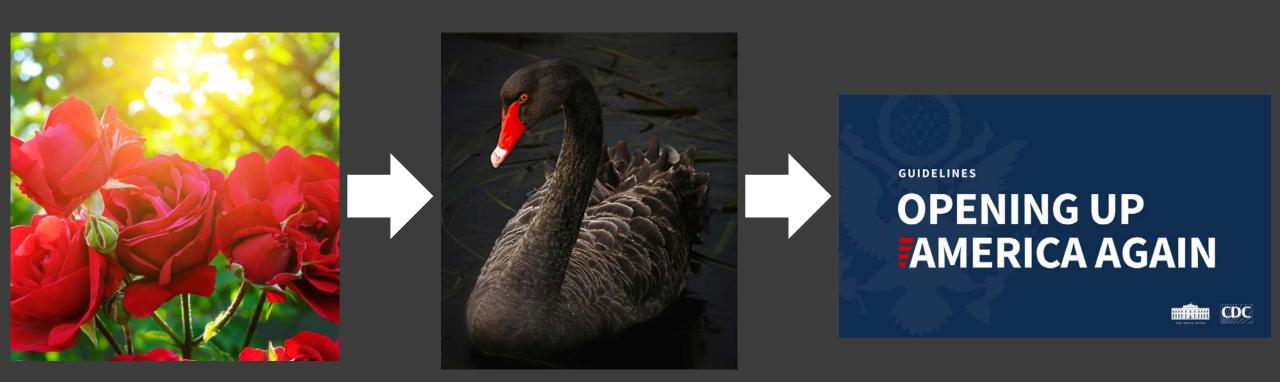
- Consistent product supply
- Contactless delivery protocols
- Medication adjustments
- Secured PPE

Salary cuts vs.
 Furlough

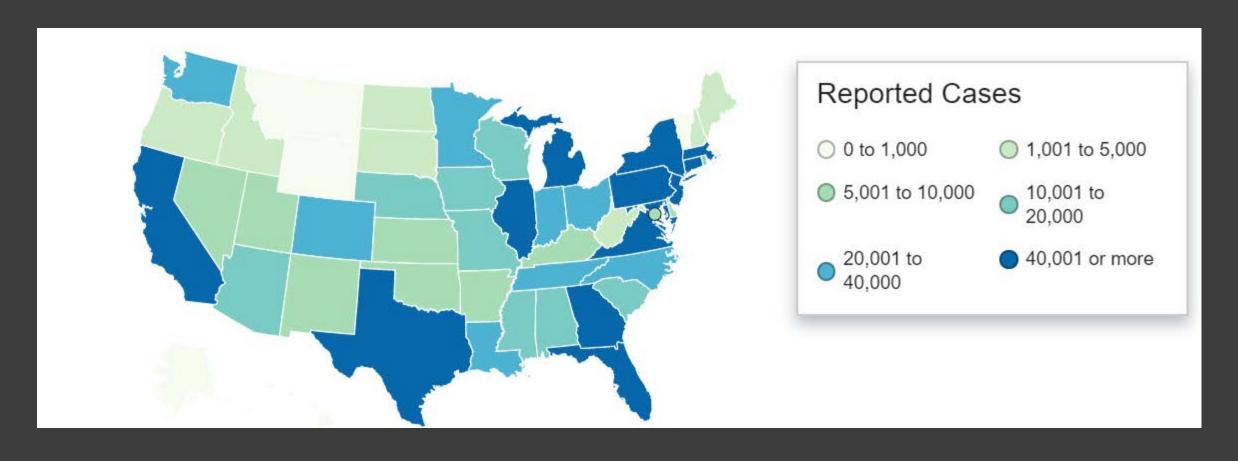
VISIT https://bit.ly/ancillary-checklist FOR SIMPLE CHECKLIST TO EVALUATE YOUR ANCILLARY COMPANIES

Reopening Strategies

Where are we today?



Uncertainties



CMS Reopening Guidance



What Does this Include?

- Guidance to <u>states</u> on when and how NF can reopen
- Phase in approach that lags behind general community by 14 days
- Criteria for re-opening (visitor restriction and testing focus)

CMS Reopening Guidance

OPENING UP AMERICA AGAIN

What is the Criteria for Reopening?

- Case count (community and SNF)
- Adequate staffing
- Access to adequate testing (facility testing plan & capabilities)
- Universal source control (distancing and screening)
- Access to adequate PPE
- Local hospital capacity

CMS Reopening Guidance

OPENING UP AMERICA AGAIN

What Does this NOT include?

- Requirement to implement testing when NOT considering "reopening" plan.
- How facilities are to obtain and cover cost of testing
- Government role/responsibility in support of testing resources
- A status of full return to "Pre-COVID" status for Nursing Facilities

Testing

Testing Requirements

"Provider should not advance through any phases of reopening or relaxing restrictions, until all residents and staff have received a base line test."



TESTING CAPACITY & PLANS



TESTING RESOURCES



TESTING REFUSAL POLICIES

Access to Adequate Testing – biggest uncertainty

- What is meant by universal testing?
- ➤ How often must universal testing be done?
- What is the turnaround time for testing?
- Should healthcare personnel, residents, or both be tested?
- > What test should be used?
- > Can facilities cover the costs of testing?
- Are healthcare personnel tests covered by private healthcare insurance?
- Is there coverage for more than one test?
- Do we have enough tests?
- What is the correct comprehensive testing protocol?
- What happens if large numbers of staff must suddenly be furloughed?
- > Is there a plan in place to deal with the test results?
- What if healthcare personnel or residents are resistant to testing?
- What is the emotional impact of repeated testing of residents with dementia, anxiety, post-traumatic stress disorders or other psychological health conditions?
- How does prevalence matter as it varies from county/state?
- Should nursing facility and assisted living communities be treated similarly?
- Is testing enough?

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It is estimated that one-time universal testing at nursing homes for staff and residents would cost \$672M nationwide and more than \$1B per month for weekly staff testing.

Source: amda Article - Policy Statement: COVID-19 Testing Strategies Should be Tailored to the Clinical Situation

Testing Requirements

"Provider should not advance through any phases of reopening or relaxing restrictions, until all residents and staff have received a base line test."



TESTING CAPACITY & PLANS



TESTING RESOURCES



TESTING REFUSAL POLICIES

Source: CMS Ref: QSO-20-30-NH

CMS Reopening Guidance for States

		CMS Recommended Nursing Home Phase	ed Reopening for States	
COVID Response Policies	Current status - widespread COVID County/State under stay-at-home orders.	Phase 1 14 days AFTER county/state phase 1 begins.	Phase 2 14 days AFTER county/state phase 2 begins. No rebound cases after 14 days. No new COVID-19 in the facility, no staff shortage, adequate PPE, access to testing, hospitals have ben capacity in ICU.	Phase 3 14 days AFTER county/state phase 3 begins. Same additional criteria as in phase 2.
	Compassionate Care visits at end of life with screening			Allow visitation for families and volunteers with
Family Visitation	and additional precautions.	Same as current status - widespread COVID.	Same as current status - widespread COVID.	screening and additional precautions
Non-Essential Healthcare Personnel Access	Essential healthcare personnel only.	Same as current status - widespread COVID.	Allow entry of non-essential healthcare personnel/contractors, as determined necessary by the facility, with screening and additional precautions.	Allow entry of non-essential healthcare personnel/contractors and volunteers as determined necessary by the facility, with screening and additional precautions.
	No community dining.			
Community Dining		Same as current status - widespread COVID.	Same as current status - widespread COVID.	Same as current status - widespread COVID.
Transportation/Outings	Any non-medically necessary trips outside the facility to be avoided.	Same as current status - widespread COVID.	Same as current status - widespread COVID.	Same as current status - widespread COVID.
	Group activities limited to individuals not presenting respiratory illness symptoms. Residents must adhere to social distancing by 6ft, hand hygiene, and wear facemask.	Same as current status - widespread COVID.	Group activities and outings limited to 10 individuals not presenting respiratory illness symptoms. Residents must adhere to social distancing by 6ft, hand hygiene, and wear facemask.	Group activities and outings allowed for the number of people where social distancing among residents can be maintained. Limited to individuals not presenting respiratory illness symptoms. Residents must adhere to social distancing by 6ft, hand hygiene, and wear facemask.
	100% screening visitors, staff and residents. This includes			
	temperature checks, questionnaire about potential exposure, and continued observation/monitoring.	Same as current status - widespread COVID.	Same as current status - widespread COVID.	Same as current status - widespread COVID.
	All staff wear facemasks and additional PPE when working with a COVID-19 positive patient, per CDC guidelines. All visitors wear facemasks. Residents wear facemasks if they are on droplet/contact precautions.	Same as current status - widespread COVID.	Same as current status - widespread COVID.	Same as current status - widespread COVID.
	All residents and staff receive a baseline test, then: All staff are tested weekly. All residents upon	Same as current status - widespread COVID. Testing of baseline must be completed BEFORE formal Phase 1 is considered.		
	***NOTE: CMS guidance is for the states. Each State	*** NOTE: CMS guidance is for the states. Each State		
	•	needs to issue guidance to facilities	Same as Phase 1	Same as Phase 1
	Dedicated space in facility for cohorting and managing care for residents with COVID-19. Plan to manage			
	new/readmissions with an unknown COVID-19 status and	Company of clusters and could	Samo as aureant status, widespress of COVID	Samo as aureant status, wide-arrest COVID
Facility Space	residents who develop symptoms.	Same as current status - widespread COVID.	Same as current status - widespread COVID.	Same as current status - widespread COVID.

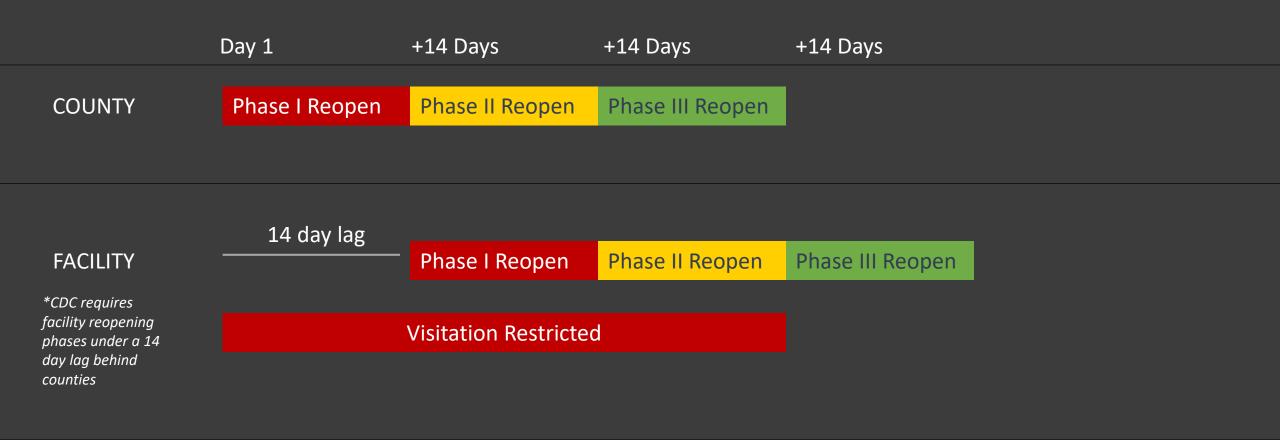
COVID Response Policies	Current status - widespread COVID
	County/State under stay-at-home orders.
Family Visitation	Compassionate Care visits at end of life with screening and additional precautions.
Non-Essential Healthcare Personnel Access	Essential healthcare personnel only.
Community Dining	No community dining. Exception: few may eat in same room with social distancing and 6ft apart.
Transportation/Outings	Any non-medically necessary trips outside the facility to be avoided.
Group Activities	Group activities limited to individuals not presenting respiratory illness symptoms. Residents must adhere to social distancing by 6ft, hand hygiene, and wear facemask.
Source Control - Screening	100% screening visitors, staff and residents. This includes temperature checks, questionnaire about potential exposure, and continued observation/monitoring.
Source Control - PPE	All staff wear facemasks and additional PPE when working with a COVID-19 positive patient, per CDC guidelines. All visitors wear facemasks. Residents wear facemasks if they are on droplet/contact precautions.
Testing	All residents and staff receive baseline test, then: All staff are tested weekly. All residents upon identification of an individual with symptoms of COVID-19, or staff member tested positive. Weekly testing continues until all residents test negative. ***NOTE: CMS guidance is for the states. Each State needs to issue guidance to facilities.
Dedicated COVID-19 Facility Space	Dedicated space in facility for cohorting and managing care for residents with COVID-19. Plan to manage new/readmissions with an unknown COVID-19 status and residents who develop symptoms.

COVID Response Policies	Phase 1
LOVID Response Policies	14 days AFTER county/state phase 1 begins.
Family Visitation	Same as current status - widespread COVID.
Non-Essential Healthcare Personnel Access	Same as current status - widespread COVID.
Community Dining	Same as current status - widespread COVID.
Transportation/Outings	Same as current status - widespread COVID.
Group Activities	Same as current status - widespread COVID.
Source Control - Screening	Same as current status - widespread COVID.
Source Control - PPE	
Source Control - PPE	Same as current status - widespread COVID.
Testing	Same as current status - widespread COVID. Testing of baseline must be completed BEFORE formal Phase 1 is considered.
	*** NOTE: CMS guidance is for the states. Each State needs to issue guidance to facilities
Dedicated COVID-19 Facility Space	
	Same as current status - widespread COVID.

	Phase 2
	14 days AFTER county/state phase 2 begins.
COVID Response Policies	No rebound cases after 14 days.
	No new COVID-19 in the facility, no staff shortage, adequate PPE, access to
	testing, hospitals have ben capacity in ICU.
Family Visitation	Same as current status - widespread COVID.
Non-Essential Healthcare Personnel Access	Allow entry of non-essential healthcare personnel/contractors, as determined necessary by the facility, with screening and additional precautions.
Community Dining	Same as current status - widespread COVID.
Transportation/Outings	Same as current status - widespread COVID.
Group Activities	Group activities and outings limited to 10 individuals not presenting respiratory illness symptoms. Residents must adhere to social distancing by 6ft, hand hygiene, and wear facemask.
Source Control - Screening	Same as current status - widespread COVID.
Source Control - PPE	Same as current status - widespread COVID.
Testing	
	Same as Phase 1
Dedicated COVID-19 Facility Space	
	Same as current status - widespread COVID.

	Phase 3		
COVID Response Policies	14 days AFTER county/state phase 3 begins.		
	Same additional criteria as in phase 2.		
Family Visitation	Allow visitation for families and volunteers with screening and additional precautions		
Non-Essential Healthcare Personnel Access	Allow entry of non-essential healthcare personnel/contractors and volunteers as determined necessary by the facility, with screening and additional precautions.		
Community Dining	Same as current status - widespread COVID.		
Transportation/Outings	Same as current status - widespread COVID.		
	Group activities and outings allowed for the number of people where social distancing among residents		
Group Activities	can be maintained. Limited to individuals not presenting respiratory illness symptoms. Residents must		
	adhere to social distancing by 6ft, hand hygiene, and wear facemask.		
Source Control - Screening	Same as current status - widespread COVID.		
Source Control - PPE	Same as current status - widespread COVID.		
Testing			
	Same as Phase 1		
Dedicated COVID-19 Facility Space	Company to the transport of COVID		
	Same as current status - widespread COVID.		

Hypothetical Reopening Phased Approach



NEXT STEPS:

- Understanding phased reopening strategies by county
- Creating a communication plan for residents/families

Stay in touch



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Questions?