

ARRIVING HOME SAFELY



LEAVING WORK

Change out of work clothes before leaving, if possible.
Place in bag to go directly to wash at home.



ARRIVING HOME

Wipe steering wheel, controls and door handles.



AT FRONT DOOR

Pause. Breathe. **Reset.** Take your Time.



KNOCK ON DOOR

Open from inside - Step in.



SHOUT HELLO

To loved ones. **No cuddles yet.**



BOX AT DOOR

Drop off your work/commute shoes, outer clothes/coat/bag, keys, pens and glasses. **Wipe down with damp soapy cloth.**



PHONE

Kept at work in clear zip lock bag. Empty out of bag into box - wipe phone clean and throw the bag away.



WASH CLOTHING

Immediately remove clothes upon entering home.

Place in washer - wash on the warmest temperature setting safely for the fabric. Dry items completely.



WALK STRAIGHT TO SINK/SHOWER

Don't touch doors, get someone else to open for you. Wash or shower especially hands, arms and face with soap and hot water.



YOU ARE CLEAN

Relax and enjoy your evening.