



**STAND
STRONG
PROGRAM**



STAY ON YOUR FEET

THE STAND STRONG program is a comprehensive balance assessment and treatment program which aims to reduce the incidence of falls and injury. Our systematic approach impacts quality of life, functional outcomes, and the bottom line. Through specialized training, therapists learn to evaluate the integrity of both the central and peripheral portions of sensory and motor systems, as well as develop a personalized treatment plan for each patient focused on appropriate interventions to rehabilitate, compensate, and/or adapt for identified deficits. The comprehensive program is easily integrated throughout the facility and is a great way to keep residents and staff safe and happy.

FALLS BY THE NUMBERS



When falls occur, they can have life-altering consequences. One out of five falls causes a serious injury and each year, **2.5 MILLION** older people are treated for fall injuries. Falls are the **LEADING CAUSE OF DEATH** for those over the age of **85**.

The **Stand Strong** program will reduce the incidence of falls or injury.



Consonus has developed a program dedicated to keeping people on their feet.

The Stand Strong program offers a systematic approach to balance that is based on evidence and promotes the best outcomes for both the resident and the facility.

